



IMAGINATION
MADE REAL™

*a path to reliable and
sustainable manifestation*

The 12 Laws of Manifestation

An Overview by Gay Hendricks, Ph.D.

*Excerpted from the CourseBook of Imagination Made Real™
Gay Hendricks, Ph.D. is a Co-Creator of Imagination Made Real™*

Over the 30 years of inquiry and research into how manifestation really works, I have stumbled upon many reliable truths. The Twelve Laws are some of those truths. I invite you to avoid questioning whether the laws are actually laws or not. Instead I encouraged you to use them and reach your own conclusion. I think you'll discover the same thing that I did. The Twelve Laws so radically transform your life that manifestation grows with ease and abundance. I consider the twelve laws to be the container in which you build a consciousness that allows all that you desire to easily and naturally flow to you.

Some of the most important work I have created over my lifetime is teaching people how to manifest. I have seen thousands of individuals change their unhealthy patterns and create fulfilling careers, loving relationships, financial well-being, and more. In my own life the Twelve Laws continue to guide my manifestation projects.

For twenty five years, I have sustained an amazing conscious loving relationship with the woman of my dreams; I have authored more than 30 best selling books that continue to benefit the world; in 2004 I founded the Spiritual Cinema Circle which now distributes inspirational films to people in over 70 countries, and I am in process of directing other films that I envision touching many lives. So with the principles of manifesting, I am currently creating new and innovative projects with expanding enthusiasm. My many years of practicing the 12 laws have greatly enriched my life, and I know your practice of them will enrich yours. Manifestation is an expanding never ending journey. Embrace the

• Twelve Laws and experience your own expansion.

• Many Blessings,
• Gay Hendricks, Ph.D.

• Imagination Made Real is more than a collection of manifesting tools. It is an elegantly integrated personal transformation course. When followed, IMR offers you reliable and sustainable manifestation. Your journey continues with an invitation to develop a consciousness (awareness) allowing the easy flowing state that allows you to effortlessly attract what you most want. This awareness is mastered as you take action on your commitments and integrate the Twelve Laws of Manifestation into your life.

• The following quotes related to each of the Twelve Laws are excerpted from the Grounding Principles CDs included in the *Imagination Made Real™ (IMR)* manifestation kit. They will give you an idea of what each law is about. Included in IMR are activities for each law and some audio tracks to support you in your journey.

Law #1: Unconscious Attraction

• *"We attract by default those life experiences appropriate to our unconscious programming. We see these experiences as ordained (that's just the way life is) instead of products of our conditioning that can be changed by conscious design. Our unconscious beliefs require life to show up in accordance with our beliefs. You can change the outer circumstances of your life, by changing your beliefs." ~Gay Hendricks, Ph.D.*

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Law #2: Conscious Creation

"It is possible to introduce positive concepts and pictures into our minds consciously. These positive mental ideas have the power to change the outer circumstances of our lives." ~Gay Hendricks, Ph.D.

Law #3: Purpose

"Your program of manifestation will ultimately be successful and satisfying to the extent that it is in harmony with your overall life purpose. In other words, is it really in your best interest? Your intentions must be in alignment with your life purpose." ~Gay Hendricks, Ph.D.

Law #4: Personal Responsibility

"Manifestation is enhanced by a special type of healthy responsibility. Unhealthy responsibility always is taking less or more than 100%. If you take less than 100% you occupy the position of victim to other people and the Universe. If you take more than 100% you set yourself up for burden or martyrdom. For a given manifestation project to work, you have to get the responsibility formula just right. It is an elegant dance of taking complete responsibility while letting go of control. You have to take 100% responsibility yourself, while leaving 100% for the creative powers of the universe to work for you. In that way, you develop a co-creative process with the Universe – you work for it, and it works for you." ~ Gay Hendricks, Ph.D.

Law #5: Pure Consciousness

"Our present experience is occurring in a field of consciousness. The universe is engaged in a continual process of creation carried out in a spirit of play. Unless our manifestation projects are filled with space, creation, and a sense of play, we will sabotage ourselves by getting too attached to the outcome. As attachment increases play ceases, freedom decreases, and then we find a way to mess up the game so we can try again later from a playful space." ~Gay Hendricks, Ph.D.

Law #6: Intention

"We are always manifesting according to our intentions. We are always getting what we want. Until we choose consciously, our intentions are usually unconscious and very limited. Part of the art of manifestation is seeing what our unconscious intentions are and choosing new intentions that fit our life purpose and chosen goals. What is

the lesson you need to learn from your unconscious intentions?" ~Gay Hendricks, Ph.D.

Law #7 – Completion

"Human beings have an innate drive for completion. Incompletion haunts us. Completion is organic in life, just as in the cycle of trees each phase must take place for the next one to follow. If we honor our own cycles of completion, we get to feel in harmony with ourselves. But, we find ways of interfering with these cycles. Leaving a situation incomplete consumes the energy we need for manifestation and so much so that we push them down into our unconscious to keep from thinking about them. After incompletions are taken care of, we create a positive flow." ~Gay Hendricks, Ph.D.

Law #8: Authenticity

"Honesty with self and others creates a positive field around us which attracts harmonious manifestation. Dishonesty creates a negative force field which eventually sabotages manifestation projects or interferes with our ability to enjoy them. Manifestation slows down to a crawl by any act of lying. Manifestation can be turned around by telling a long withheld truth or handling some agreement we made and had forgotten." ~Gay Hendricks, Ph.D.

Law #9: Clear Request

"Asking, making a clear request, is one of the most important techniques and one of the simplest. Lots of barriers inside and outside have to be cleared up to ask for things effectively. We can deal with anxieties by simply asking for what we want. Our requests are usually carrying heavy emotional baggage, like the fear of rejection or anger, entitlement, despair, or resentment, so the request gets lost in the noise of all those feelings. Often in families asking for what you wanted was scorned or punished." ~Gay Hendricks, Ph.D.

Law #10: Creative Expression

"Our manifestation projects will bear fruit and bring satisfaction to the extent that they represent us at our full creative expression. When you hold back from commitment to full creative expression, you feel unrewarded, no matter how materially successful you might be. There is a part of us that knows clearly and registers dissatisfaction when we are going through the motions. Full creative expression is the answer to

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many of our life problems. Many people languish in unfulfilling jobs or other life situations because they haven't made a full scale commitment to their creative expression. Ask yourself, does this represent you at your most expanded vision of yourself? Is this me at what I really want to create in the world?" ~Gay Hendricks, Ph.D.

Law #11: Love

"Only manifestation that comes from a clear space of love ultimately feels satisfying. Visions created and launched from a space of fear always prove unsatisfactory and often disastrous for the people involved. Love is the ultimate healer and it really plays a role in manifestation. Often the act of visioning a goal brings to your body only issues that love can embrace. Example: If you ask for something, often you will feel the fear in your body of the times before when you have not gotten it. Let's say you set in motion a manifestation project designed to increase your income three fold. The first thing that may occur is that three fold fears get stirred up. This may be the very issue that keeps you at your old level of income. In other words, you might be limiting yourself because you haven't been able to challenge yourself to live in an expanded version of yourself. Naturally as your manifestation project kicks in, you'll have to go through the gate of that fear in order to stabilize at that new higher level and sometimes love is the only way through those gates of fear."
~Gay Hendricks, Ph.D.

Law #12: Gratitude

"Lead with the heart. We can learn to walk through life with a feeling of gratitude for life itself. Gratitude is a powerful aid to manifestation. Having a field of gratitude around us clears a positive path through life in which every step we take is in the right direction. A great deal of work must be done on ourselves until we can greet every moment of life with a grateful heart. Until then, we may rise in gratitude for a while and then come back down with a clunk with a challenge. If we handle it successfully, we can love and appreciate ourselves through that situation

so that gratitude starts to flow again inside of us. Then it comes to lead the way again. A big insight that opens the heart is to think of life's experiences as learning opportunities – simple challenges presented to us to love some part of ourselves that most needs loving acceptance. Some people greet life with an attitude that guarantees misery. They think "I refuse to think this is happening to me and I will not rest until I find out who is to blame here." The shift that needs to be made is dropping this attitude in favor of a much better one. "I acknowledge this is happening to me, and I open myself to learn all the lessons I can harvest from this experience." The former attitude is one of cosmic ungratefulness. While the latter attitude is one of the wonders of the world. It is a heart opening attitude of gratefulness to life itself and what it has brought to you." ~Gay Hendricks, Ph.D.

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Imagination Made Real™ Manifestation Kit

This complete course offers you a step-by-step process of how to make manifestation happen. To learn more...
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