



Manifesting Moves

*The TOP TEN things you need to know
to manifest the life you desire.*

- 10) **Catalyze the Law Attraction.** Move contracted energy (anger, sadness, and fear) through your body. Involve your whole being in visualization and positive emotion to ignite the energy of attraction.
- 9) **Create Written Intentions.** Shape positive intention statements that inspire and motivate you toward results. Aligned with intentions, clarify your milestones, and identify your next action steps.
- 8) **Speak Truthfully and Make Clear Requests.** Clearly ask for what you want from others and the Universe. Speak honestly about your thoughts, feelings, what you want, and what you don't want.
- 7) **Live in Completion.** Get the energy of manifestation moving. Be uncompromising as you complete things in your environment (home, vehicle, office, etc.), complete with other people and with yourself.
- 6) **Live in Gratitude.** Every day practice heartfelt gratitude for your life as it is right now, what you have and what you don't have. Then release your attachment to a fixed outcome.
- 5) **Be Responsible.** Healthy responsibility means that you take 100% responsibility for everything in your life including your thoughts, your feelings, and your actions.
- 4) **Identify Limiting Beliefs.** Your beliefs create your reality. Identify limiting beliefs that keep you stuck. Innovate inspiring beliefs that support manifesting what you most desire.
- 3) **Be Curious, Play, and Appreciate.** Keep yourself in a state of genuine curiosity. Allow your manifesting journey to be playful. Appreciate all that happens along the way, especially appreciate yourself.
- 2) **Claim Your Creative Force.** Deeply know that you are the creative force in your life. Step into your full creative expression and stand in your full authority.

**And, the NUMBER ONE thing you need to know
to manifest all that you desire is...**

Align with your Life Purpose. When you know your reason for being (your Life Purpose) you are motivated to create your life aligned with your highest vision. You are inspired and drawn to make a contribution that is bigger than yourself and benefits the world around you. With your heartfelt Life Purpose in mind, your desires expand to possibilities beyond your imagination.

Check out Imagination Made Real™ Manifestation Kit and Workshops
A complete joyful journey encompassing the TOP TEN and more!